

# Evolution Training Center

**Columbus Public Safety Training Facility**

**812-376-2670**

## **CANDIDATE PHYSICAL ABILITY TEST REHABILITATION ACKNOWLEDGEMENT**

It is normal to feel tired after the performance test. There are some signs that may mean that the exertion is causing more serious problems. If any of the following signs or symptoms occur, you should call your physician or the local Emergency Services

- Nausea, vomiting, dizziness, or headache lasting more than a few hours
- Extreme weakness
- Fever
- Confusion
- Generalized muscle aching lasting more than one day
- Dark urine or very little urine

Name (printed) \_\_\_\_\_

Signed \_\_\_\_\_

Date \_\_\_\_\_